

ERGONOMICS



CERTIFICATE AND APPLIED CERTIFICATE PROGRAMS



MODERN EDUCATION FOR CAREER SPECIALIZATION

Not sure what to expect?
We believe online education
offers flexibility unknown
to the traditional classroom
model, allowing you to
study without compromise.



The Ergonomics program at UFred prepares learners to initiate, implement, and document projects through scientifically-based guidelines. The program is designed to enable safety personnel and health professionals to deal with ergonomic issues that often arise in the workplace, often due to poor workstation design. This comprehensive ergonomics certificate introduces an integrated approach to Musculoskeletal Disorder (MSD) prevention by applying major North American ergonomic guidelines to the curriculum.

The School of Occupational Health and Safety programs at UFred consist of high quality courses in specialized managerial, professional, technical, and service areas. All courses are fully-online and are facilitated by experts in their respective fields. UFred OHS programs will enhance your health and safety leadership skills and help you add value to your organization in real-time.

UFRED IS FOCUSED ON: **EQUIPPING PROFESSIONALS WITH ESSENTIAL SKILLS**

**100%
ONLINE**

COMPLETE YOUR
COURSES FROM
ANYWHERE
WITH INTERNET

If you'd like to get in touch with a UFred ERG graduate to hear how we do things, we can make that happen



**FOUNDATION
COURSE**

**Ergonomics
Foundations**



**ADVANCED
COURSE**

**Advanced
Ergonomics**



**APPLIED
OPTION**

**Guided
Practicum**

Students who complete the **Ergonomics Foundations** and **Advanced Ergonomics** courses will receive their **Certificate in Ergonomics**. However, most professionals who seek to advance in the ergonomics field, as well as those who are aiming to strengthen their skills, would benefit from a chance to implement what they've learned into a practical model.

By pursuing the **Certificate in Applied Ergonomics**, students will complete a **Guided Practicum**, which enables them to apply previously learned concepts to an application specific to their unique work environment. Regardless of their role or type of organization, students will follow guidelines that produce an effective, original ergonomics program they can initiate and implement at work.



UFred's OHS programs are designed for working professionals. Take the next step in your career without taking any time off work. Learn more at ufred.ca

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